

APRIL 2009

**SPECIAL
POINTS OF
INTEREST:**

- **Building Management office hours are 7:30 am - 5:00 pm.**
- **Contact Natasha Butler at (713) 759-9923 for all parking needs and concerns.**
- **Contact Roseanne Martinez for all concierge questions.**
- **Contact Bushra Salman for information on fire warden training and notary public services.**
- **Concierge only accepts checks. No cash or credit cards.**

**INSIDE
THIS ISSUE:**

International Festival	2
The Ten Tenors	2
Houston Concert Schedule	2
Book Fair	3
Shop 'Til You Drop	3
Good Friday Holiday	3
Recipe of the Month	3
Concierge Discounts	4
Workplace Workshop	4

The 1100 Louisiana Times

A PUBLICATION FOR THE TENANTS
AND VISITORS OF 1100 LOUISIANA

Earth Day

Earth Day was first observed on April 22, 1970. The idea was generated by Wisconsin Senator Gaylord Nelson to create a nationwide demonstration with the intent to inspire awareness of and appreciation for the Earth's environment. The first Earth Day had approximately 20 million Americans participate in rallies across the country. In 1990, Earth Day became an international event that involved more than 141 countries and over 200 million people, which has increased to over 1 billion people in the 21st century making this the largest secular event in the world.

The Earth Day programs are intended to educate people about threats to the Earth's environment, including air and soil pollution, destruction of Ecosystems, energy conservation, depletion of nonrenewable resources, and recycling.

At 1100 Louisiana, the implementation of the building's recycling program is one way to participate in the efforts to protect the Earth's environment and commit to adding value to a resource that otherwise would be discarded. Below are a few recycling facts and their effect on the planet:

- ◆ A used aluminum can is recycled and back on the grocery shelf as a new can, in as little as 60 days.
- ◆ Recycling one aluminum can saves enough energy to run a TV for three hours -- or the equivalent of a half a gallon of gasoline.
- ◆ Aluminum cans account for less than 1% of the total U.S. waste stream, according to EPA estimates.
- ◆ An aluminum can that is not recycled will still be a can in 500 years.
- ◆ Aluminum cans can be recycled an infinite number of times.
- ◆ More than 80,000,000,000 aluminum soda cans are used annually.
- ◆ 500,000 trees must be cut down to generate the Sunday edition of the newspaper.
- ◆ If all newspapers were recycled, 250,000,000 trees could be saved each year.
- ◆ The amount of wood and paper thrown away each year is enough to heat 50,000,000 homes for 20 years.
- ◆ Approximately 1 billion trees worth of paper are thrown away every year in the U.S.
- ◆ The average household throws away 13,000 separate pieces of paper each year. Most is packaging and junk mail.
- ◆ Each ton (2000 pounds) of recycled paper can save 17 trees, 380 gallons of oil, three cubic yards of land-fill space, 4000 kilowatts of energy, and 7000 gallons of water. This represents a 64% energy savings, a 58% water savings, and 60 pounds less of air pollution!
- ◆ Americans use 2,500,000 plastic bottles every hour and the majority of them are not recycled.
- ◆ Plastic bags and other plastic garbage thrown into the ocean kill as many as 1,000,000 sea creatures every year.
- ◆ Recycling plastic saves twice as much energy as burning it in an incinerator.
- ◆ Americans throw away 25,000,000,000 Styrofoam coffee cups every year.
- ◆ Additional information pertaining to Earth Day or the Earth Day Network can be found at <http://www.earthday.net/>.



38th Annual Houston International Festival in Downtown Houston



Description: The Houston International Festival (iFest) spotlights Ireland, April 18-19 & 25-26, 2009. iFest, known as one of the nation's largest presenters of world music, features hundreds of internationally acclaimed artists on 12 performance venues throughout downtown Houston. Seven themed entertainment zones showcase a world of cultures, cuisines and customs. Performers: The festival features diverse and celebrated music and dance groups from around the world including: funk legends, The Ohio Players; Chicano roots-rockers, Los Lobos; soul/gospel queen, Mavis Staples; South African jazz trumpeter, Hugh Masekela; Bos-

ton's celebrated Irish-American lasses, Cherish the Ladies; Algerian-born, Rachid Tahad; Jamaica's Rootz Underground; Ireland's hottest new band, Beoga from County Down; and Cajun, zydeco, blues, rock, gospel, Latin and reggae. Location: Downtown Houston Directions: The festival is located in the heart of downtown Houston. It stretches across 16 acres of downtown parks and streets including City Hall, Bagby Street, and Tranquility and Sam Houston Parks. Times: Weekends April 18-19 and April 25-26, 2009 (Sat 12 p.m. - 10 p.m.; Sun 12 p.m. - 9 p.m.) iFest Free Preview Day April 17, 11 a.m. - 1:30 p.m. Admissions &

Parking: Tickets: St. Patty's 1/2 Price Ticket Special: \$7.50 until March 31, online only www.ifest.org Early Bird Discount: \$10 from April 1 until April 13, online and H-E-B stores Regular Admission: \$15 April 14 until April 26, at the gate, online and H-E-B stores Target Kids Free: Kids 12 and under are FREE Group Tickets: \$7.50 (until March 31)/\$9 each with a minimum purchase of 50 The Festival suggests easy access parking at the Metropolitan Garage at 340 W. Dallas for only \$5. For transportation, call METROline at 713.635.4000 for information on routes, schedules and all other METRO services. Website: www.ifest.org

*"the history of
The Ten Tenors
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The Ten Tenors

From unassuming beginnings back in 1995, to a now platinum record-selling and international touring act, the history of The Ten Tenors has been anything but standard. When 10 young opera students from the Queensland Conservatorium of Music in Brisbane, Australia, banded

together to form what was then largely a corporate act, the group's performances were few and far between and were essentially just a part-time affair, providing the members with a bit of money to help them through their studies. Now, The Ten Tenors circle the globe 10 months

out of the year, performing more than 250 shows on five continents. They sing it all - from Queen to Puccini. For tickets or more information call 713-227-4SPA or visit www.spahouston.org. Price range is \$20-\$65. April 9, Jones Hall.

Houston Concert Schedule



Wade Bowen
House of Blues, Apr. 3

Foreigner
Arena Theatre, Apr. 4

Bruce Springsteen
Toyota Center, Apr. 8

Ratatat
Meridian, Apr. 8

Gavin Degraw
House of Blues, Apr. 10

Nickelback
Toyota Center, Apr. 16

Celtic Woman
Toyota Center, Apr. 17

Travis Tritt
House of Blues, Apr. 19

Etta James
House of Blues, Apr. 25

James Morrison
Warehouse Live, Apr. 25

Ub40
House of Blues, Apr. 29

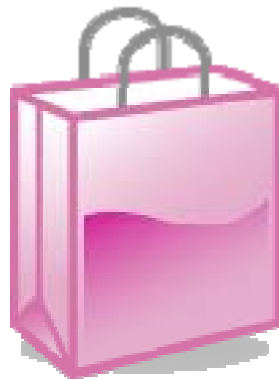
George Clinton
House of Blues, Apr. 30

BOOK FAIR!

Books Are Fun will be in the 1100 Louisiana Tunnel on April 15th—17th.

There will be a wide variety of books for all ages.

Proceeds Benefit The Fire Fighter's Foundation of Houston



Shop 'Til You Drop!

Spring Craft Show

Jewelry And More will be in the 1100 Louisiana Tunnel on **April 1st—3rd** between 10:00 am—3:00 pm. **Up to 80% OFF RETAIL! \$6 SALE!** Plus Handbags and more!

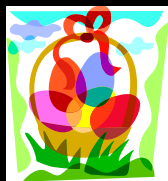
Mother's Day Craft Show

Forget the hassles of the mall this Mother's Day! Shop for that special mother in your life right here in the 1100 Louisiana tunnel. You are sure to save time and money with all the great shopping booths we have lined up! There will be a huge assortment of jewelry, purses, candles, perfumes and much more! **April 27th—May 8th** between 10:00 am—3:00 pm.

Proceeds Benefit The Fire Fighter's Foundation of Houston

Recipe of the Month—Easter Surprise Cupcakes

- 2 1/4 cups all-purpose flour
- 2 1/2 teaspoons baking powder
- 1 teaspoon salt
- 2/3 cup margarine, softened
- 1 cup brown sugar
- 3/4 cup white sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 1 1/4 cups milk
- 24 small chocolate eggs, unwrapped



1. Preheat oven to 350 degrees F (175 degrees C). Grease 24 muffin cups, or use paper liners. Sift together the flour, baking powder and salt. Set aside.
2. In a large bowl, cream together the margarine, brown sugar and white sugar until light and fluffy. Beat in the eggs one at a time, then stir in the vanilla. Beat in the flour mixture alternately with the milk, mixing just until incorporated. Fill each muffin cup 1/3 full, and place a chocolate egg in the center of each. Top with remaining batter until cups are 2/3 full.
3. Fill each muffin cup 1/3 full, and place a chocolate egg in the center of each. Top with remaining batter until cups are 2/3 full.
4. Bake in preheated oven for 18 to 20 minutes, or until golden brown, and tops spring back when lightly tapped.

Good Friday Holiday

The 1100 Louisiana Management Office will be closed on **Friday, April 10th, 2009** in observance of the Good Friday and Easter holidays.

The building doors will be locked and suite alarms will be armed (where applicable). Tenants will need to use their access cards and suite alarm keys (where applicable) to enter the building.

A Property Manager and an Engineer will be on call for emergency situations. They may be reached through our lobby Security Officer (713) 759-9923.

There will be a charge for overtime air conditioning on Friday, April 10th. Anyone requesting air conditioning for this day must complete an overtime air request form and return it to the Management Office (Suite 2250) or fax it to (713) 759-9257 no later than 2:00 p.m. on Thursday, April 9th. If the form is not received by the above time, we cannot guarantee that you will receive the requested air.

Thank you and have a Happy Holiday!

Hines

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Concierge Discounts

Tickets located in Suite 2250.
Concierge accepts checks only.

Stamps	\$8.40
Edward's Cinema	\$6.00
AMC Theatre	\$6.00
Fiesta Texas	\$28.00
Fiesta Texas (Season Pass)	\$64.86
Schlitterbahn—New Braunfels (Adult)	\$36.79
Schlitterbahn—New Braunfels (Child)	\$29.22

Workplace Workshop

Don't repeat these workplace gaffes

We all make mistakes at work. But some of these errors, as reported by Career-Builder.com, are truly inspirational as warnings of what to avoid:

- One employee made fun of a customer's name, asking his boss, "Who names their kid Wilbur?" The boss's middle name was, yes, Wilbur.
- A receptionist liked to skim gossip blogs online in her spare time. One day a senior executive stopped by her desk while one of her favorite sites was loading. She noticed him watching the computer monitor as they talked, and when he left she turned and found a big picture of soccer star David Beckham on the screen—in a white Speedo.
- A publicist visiting a client's office stopped to chat with an unhappy office worker who had complained about her job. Noticing the employee's flowing blouse, the publicist casually asked, "Well, once your baby is born, won't you at least be out of here on maternity

leave?" The worker replied, offended, "I'm not pregnant."

How to get your message across without words

If one picture is worth a thousand words, then maybe the picture you present with your body language says more about you than anything you can say out loud. Here's how to pay extra attention to the overall message your face, posture, and gestures convey:

- **Don't overdo eye contact.** There's a difference between making eye contact that connects you with another person and staring in a way that intimidates people. Hold the other person's eyes for no more than four or five seconds for the best impact.
- **Lean forward to convey interest.** Show that you're paying attention by leaning forward slightly toward the person speaking. Maintain an open posture—don't cross your arms or place your hands on your hips.
- **Walk fast.** Don't race, but keep in mind

that studies show people who walk 10-20 percent faster than others tend to be seen as more energetic and project an image of power.

Why you shouldn't depend on e-mail

Communication is more than words. Emotional intelligence expert Dan Goleman illustrated this in a *New York Times* column from 2007. He was negotiating via e-mail with a publisher whom he had met face to face only once. Goleman thought the details were working out just fine and was surprised when the publisher one day sent him a note: "It's difficult to have this conversation by e-mail. I sound strident, and you sound exasperated."

Exasperated? Goleman had no idea he was coming across that way. A quick phone call cleared everything up, and it taught him a valuable lesson: Sometimes we need the full range of information that can come only from looking someone in the eyes and hearing the sound of his or her voice.