

The 1100 Louisiana Times

A mix of fun facts, useful building info, and Houston living...

FEBRUARY ISSUE
713.759.9923

HOUSTON IN FEBRUARY

Special Points of Interest:

- Building Management Office Hours are 7:30 am - 5:00 pm.
- Contact Sherry Farrow at (713) 759-9923 for all parking needs and concerns.
- Contact Roseanne Martinez for all Concierge questions.
- Contact Bushra Salman for information on Fire Warden training and Notary Public Services.
- **CONCIERGE ONLY ACCEPTS CHECKS. NO CASH OR CREDIT CARDS.**

Editor: Bushra Salman
713.759.9923
Visit us at
www.1100louisiana.com

21st Annual Texas Home and Garden Show

1500 exhibitors will pack Houston's Reliant Center with over 8 acres of the latest in home and garden products, many with an emphasis on green living, at the Texas Home and Garden Show, February 15-17.

Date: February 15th—17th, 1-6pm
Place: Reliant Arena
Event Cost: Adults \$9-kids under 12 free

Mardi Gras Galveston

Galveston Island becomes a sparkling spectacle with colorful parades, elaborate masked balls and outdoor concerts.

Date: Jan. 25th—Feb. 5th
Place: Various Venues
Event Cost: Varies
Website: www.madigrasgalveston.com

Brown Bags and Beethoven

Free public performance by Houston Symphony musicians with a costumed Beethoven look-alike. A wind trio, a string quartet and a brass quintet will perform some of Beethoven's most well-known classical pieces during a one hour lunchtime break at Jones Hall on Feb. 5, 2008. During this performance, concert goers are invited to bring their own lunch or purchase a brown bag lunch at Jones Hall. Seating will be available in the lobby as well as outside on the patio in front of the building. "Brown Bags and Beethoven" will be the public kick-off of "The Beethoven Experience." The month-long celebration of Beethoven's life and contributions to music will lead up to this all day Houston Symphony event to be held on March 8, 2008.

Date: February 5th, 12-1pm
Place: Jones Hall for the Performing Arts
Event Cost: FREE
Telephone: (713) 224-4240

Brazilian Mardi Gras Celebration

Next Brazilian Productions Presents Houston Brazilian Carnival. Celebrate Mardi Gras "Brazilian Style" with the dynamic rhythms and non-stop entertainment featuring the carnival mix of Samba and Pagode of Sambajah from Los Angeles, CA. Enjoy food, music, dance, traditional martial arts dance. Costumes are welcome! Brazilian Carnival 2008 will be airing the carnival from Rio de Janeiro on big screens all night long. 18 and up Welcome!

Date: February 1st & 2nd, 8pm—2am
Place: Planeta Bar Rio
Ticket Prices: \$17.00 General Admission
Reserved Table Tickets Food Included: \$30.00
Purchase tickets online: http://www.wantickets.com/?e_id=37115
Get group Discounts and Reserved Tickets by calling: 713-952-4071
Telephone: (713) 952-4071
Contact name: Lydia
Contact email: houstonbraziliancarnaval@yahoo.com
Website: <http://www.myspace.com/brazilianeventshouston>

Inside this issue:

Concert Corner	2
Theater District	2
Sports Arena	2
Around the Building	3
Business Boosters	3
Celebrations / Observations	4
Speed Bump	4
Recipe of the Month	4

Concert Corner

Angels and Airwaves	2/03	Verizon Wireless Theater
The Bravery	2/07	Warehouse Live
Reik	2/09	Arena Theatre
Jonas Brothers	2/14	Toyota Center
Celtic Woman	2/17	Jones Hall
Lorene Drive	2/21	Meridian
Gloria Trevi	2/24	Arena Theatre
Aiden	2/26	Meridian
Nofx	2/26	Warehouse Live
Matchbox Twenty	2/28	Toyota Center
Citizen Cope	2/29	Warehouse Live

Theater District

Love, Janis	2/01—2/10	Alley Theater
Jersey Boys	2/01—2/10	Hobby Center
The Lieutenant of Inishmore	2/01—2/24	Alley Theater

SPORTS ARENA

Houston Rockets

Home Game Schedule

2/07 - 7:00 pm
 Rockets vs. Cleveland Cavaliers
2/09 - 7:30 pm
 Rockets vs. Atlanta Hawks
2/11 - 7:30 pm
 Rockets vs. Portland Blazers
2/13 - 7:30 pm
 Rockets vs. Sacramento Kings
2/21 - 7:00 pm
 Rockets vs. Miami Heat
2/24 - 7:00 pm
 Rockets vs. Chicago Bulls
2/26 - 7:30 pm
 Rockets vs. Washington Wizards
2/29 - 7:30 pm
 Rockets vs. Memphis Grizzlies



Houston Aeros

Home Game Schedule

2/01 - 7:35 pm
 Aeros vs. Quad City Flames
2/02 - 7:35 pm
 Aeros vs. Quad City Flames
2/15 - 7:35 pm
 Aeros vs. Iowa Stars
2/17 - 4:05 pm
 Aeros vs. Iowa Stars



Concierge Discounts

Stamps \$8.20
Edward's Cinema \$6.00

***Tickets located in suite 2250
Concierge accepts checks only***

**Valentine's Day Bazaar
February 4 - 8 & 11 - 14**

Forget the hassles of the mall this Valentine's Day! Shop till your heart's content right here in the 1100 Louisiana tunnel. You are sure to save time and money with all the great shopping booths we have lined up! There will be a huge assortment of jewelry, purses, candles, gift baskets and much more! Hope to see you there!

Go Texan Day!

The Hines Management Office would like to invite you to help celebrate Go Texan Day! There will be a representative from the Houston Livestock Show and Rodeo selling discount Carnival Tickets. Enjoy hot dogs from James Coney Island and music from a down home Texas Trio. You can also register to win Rodeo Tickets compliments of the Hines Management Office. So Boot Scoot down to the lobby February 29th between 11 — 1 and join the festivities!

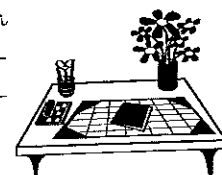
**Stop Daydreaming
and Get Back to Work**

Personal productivity consultant Mark Taw says a lot of time is wasted at work simply from zoning out and thinking of things other than the work at hand. One way to curb this is to rethink the items in your workspace. For example, a memento on your desk could trigger a pleasant daydream or a personal bill could lead to financial worrying. "The key is to recognize when these distractions are tied to objects and then get rid of those objects," Taw says.



Flowers at Work

If your valentine surprised you with flowers or a plant at the office, your productivity may increase. According to a study by Texas A&M University, the presence of live flowers or plants in the workplace boosts employees' creativity and problem solving by as much as 15 percent. "In certain circumstances this could mean the difference between mild and great business success," said Dr. Robert Ulrich, the lead researcher.



Communing on the Commute

Career coach Rachelle Disbennett-Lee recommends that people who have long commutes on public transportation regard that time as their own "me time" so they should use it wisely to think, relax, and regroup. "Using the commute time for relaxation, such as meditating, leisure reading, and listening to relaxation tapes will help you arrive at your destination ready to tackle the challenges of the day," she says. "Remember, it's difficult to be at our best if we are stressed out."

Business Boosters

Valentine's Day: Movies

For those celebrating a quiet Valentine's Day at home, here are some suggestions for a variety of moods:

Classic Favorites

Casablanca (1942)
Gone With the Wind (1939)
Roman Holiday (1953)
From Here to Eternity (1953)
An Affair to Remember (1957)

History, Adventure and Romance

Doctor Zhivago (1965)
Out of Africa (1985)
The English Patient (1996)
Shakespeare in Love (1998)
Crouching Tiger, Hidden Dragon (2000)

Offbeat Romances

The Princess Bride (1987)
Say Anything (1989)
When Harry Met Sally (1989)
Out of Sight (1998)
Eternal Sunshine of the Spotless Mind (2004)

Black History Month: Spotlight on an Inventor

Elijah McCoy was an African American born in the mid-1800s to former slaves from Kentucky who had escaped to Canada via the Underground Railroad. As a young man, he studied mechanical engineering in Scotland, becoming a master mechanic and engineer. After the Civil War, McCoy's family returned to the U.S., settling near Ypsilanti, MI. When racial prejudice prevented him from landing an engineering job, McCoy began working for the Michigan Central Railroad, where he was responsible for shoveling coal to run the steam engines, as well as making sure that the train was well oiled. In early locomotives, poor lubrication often caused trains to stall every few miles. To eliminate the frequent stops, McCoy invented a lubricating cup that automatically dripped oil when and where needed. It was a huge success and other manufacturers soon came out with their versions of the device. Some linguists claim the expression "the real McCoy" came from those who didn't want the inferior products and would instead insist on the real McCoy. McCoy went on to invent other devices, including a folding ironing board and a lawn sprinkler. He held more than 50 patents, and in 1909, Booker T. Washington recognized McCoy in his book *Story of the Negro* as having the most patents of any other black inventor up to that time.

SPEED BUMP

DAVE COVERLY



Recipe of the Month - Swedish Meatballs

- 1 lb. lean ground beef
- 2 tablespoons plain bread crumbs
- 1 egg
- 1/3 cup green pepper, finely chopped
- 1/2 cup onion, finely chopped
- 2 tablespoons butter
- 1 can low-sodium tomato soup
- 2 tablespoons brown sugar
- 1 tablespoon dried mustard
- 1 tablespoon vinegar



1. In large bowl, use hands to mix ground beef with bread crumbs and egg. Roll into 40 meatballs.
2. In a large skillet, saute green pepper and onion in the butter; cook until onion is translucent. Remove vegetables from pan.
3. In the same skillet, brown the meatballs on all sides on high heat.
4. Add in vegetables and sauce.
5. Transfer to a baking dish and bake at 350° for 30 to 40 minutes or until meatballs are brown all the way through (cut into one to test for doneness).

This dish freezes well.